



How to spot flu symptoms in kids

It's not always easy to know if your kids have the flu or a common cold. But the quicker you identify flu-like symptoms, the quicker you can start at-home treatment, including fluids and rest. When in doubt, call your doctor or schedule an online visit.

Common flu symptoms in kids

- It comes on suddenly
- Fever is greater than 100° Fahrenheit
- Coughing is dry and gunk-free
- There's a noticeable headache
- Sudden weakness or exhaustion

Schedule a video visit with your doctor to figure out if your child has the flu, a common cold or a different infection.



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